General Assembly

Raised Bill No. 5344

Referred to Committee on Select Committee on Children

Introduced by:
(KID)

AN ACT CONCERNING CHILDHOOD NUTRITION IN SCHOOLS, RECESS AND LUNCH BREAKS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. (NEW) (*Effective July 1, 2004*) Each local and regional
2 board of education shall ensure that (1) each child, in the schools under
3 its jurisdiction, is provided with an opportunity for a lunch break that
4 is a minimum of twenty minutes every school day, and (2) each child
5 in grades kindergarten to five, inclusive, in the schools under its
6 jurisdiction, has the opportunity for physical activity for a minimum of
7 twenty minutes every school day or a minimum of one hundred
8 minutes every week, except that the planning and placement team
9 may develop a different schedule for a child requiring special
10 education and related services in accordance with chapter 164 of the
11 general statutes and the Individual With Disabilities Education Act, 20
12 USC 1400 et seq. , as amended from time to time.

13 Sec. 2. (NEW) (*Effective July 1, 2004*) On and after September 1, 2004,
14 each local and regional board of education shall require the schools
15 under its jurisdiction to make available for purchase dairy products,
16 including low-fat dairy products, water, one-hundred per cent natural

17 fruit juices and fresh or dried fruit at all times when food or drink is

18 available for purchase in school buildings.

This act shall take effect as follows:	
Section 1	*July 1, 2004*
Sec. 2	*July 1, 2004*

Statement of Purpose:

To require minimum time limits for school recess and lunch breaks and to require schools to make healthy food available to students.

[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]